

Annual 'Wake Up' Young People's Retreat
Plum Village Practice Centre
21-28 August 2009

Wake Up

REGISTRATION FORM

The registration for this retreat is being taken care of by the young French sangha, 'Communaute du Coeur'. Please send registration forms to: communauteducoeur@yahoo.fr or by post with payment to: 2009 Young People's Retreat, c/o Communaute du Coeur, 7 Allee des Belles Vues, 93160 NOISY-LE-GRAND, FRANCE.

1. PERSONAL DETAILS

First name: _____ Family name: _____
Gender: Male Female Age: _____
Email: _____
Landline tel. no: _____ Mobile tel. no: _____
Address: _____
Town: _____ Postcode: _____
Country: _____

2. ARRIVAL INFORMATION

We will meet everyone arriving at Ste Foy La Grande train station on 21st August, and will take everyone leaving on the 28th August. We ask for a contribution of €5 each way. We cannot offer rides from/to the station on any other days. The retreat will start at dinner time on 21st August and will finish after lunch on the 28th August.

Means of transport to Plum Village: Train Car Taxi Other
If by train, please give train arrival time at Ste Foy La Grande on 21 Aug: ____:____ HRS

3. EMERGENCY CONTACT

Name: _____
Relation to you: _____
Tel.: _____ Email: _____
Are you taking any medication at the moment? Yes No
If yes, please specify what medication: _____
Name of issuing Doctor: _____
Doctor's contact telephone no.: _____

All non-French participants in the retreat are encouraged to take out their own personal travel insurance.

Liability waiver: The following signature indicates that the participant relieves Plum Village from all liabilities in the event of any injury or illness incurred while visiting Plum Village.

Signature: _____ Date: _____

4.METHOD OF PAYMENT (Euros only please):

Euro cheque

Bank transfer

Postal mandate

TOTAL AMOUNT enclosed: € _____

The cost of the retreat is 120 Euros per person
(+ €5 for the ride from the station each way)

It is possible for you to pay a deposit of €30 to secure your place, and then pay the rest on arrival. If you make a Bank transfer, please send receipt of transfer with registration form

CHEQUE or POSTAL MANDATE: Cheques should be made payable to "Village des Pruniers", and please write "Youth Retreat" on the back. *Please do not send cash*!

BANK TRANSFER: You can make a bank transfer of the whole amount, identified for 'Youth Retreat', into the following account:
IBAN: FR76 1820 6000 2940 4951 9700 179
BIC (Bank Identifier Code) AGRIFRPP882

FURTHER INFORMATION:

LOCATION: The retreat will take place at Plum Village, the main address there is:
Plum Village Lower Hamlet, Meyrac, 47120 LOUBES-BERNAC, FRANCE
Telephone (for urgent contact during the retreat only!): 05 53 94 75 40

LODGING: Young men will camp in Upper Hamlet with the monastic brothers; young women will camp in Lower Hamlet with the monastic sisters.
.... So please bring your tent and bedding (including mattress and pillow if you need one!)

We look forward to seeing you all with us!

Take care ;)